

## The high priest who cried out in pain

"(v.14) Now that we know what we have—Jesus, this great High Priest with ready access to God—let's not let it slip through our fingers. (v.15) We don't have a priest who is out of touch with our reality. He's been through weakness and testing, experiencing it all—all but the sin. (v.16) So let's walk right up to him and get what he is so ready to give. Take the mercy, accept the help.

### Hebrews 4:14-16

(v.1) Every high priest selected to represent men and women before God and offer sacrifices for their sins should be able to deal gently with their failings, (v.2) since he knows what it's like from his own experience. (v.3) But that also means that he has to offer sacrifices for his own sins as well as the people's. (v.4) No one elects himself to this honored position. He's called to it by God, as Aaron was. (v.5) Neither did Christ presume to set himself up as high priest, but was set apart by the One who said to him, 'You're my Son; today I celebrate you!' (v.6) In another place God declares, 'You're a priest forever in the royal order of Melchizedek.'

(v.7) While he lived on earth, anticipating death, *Jesus cried out in pain* and wept in sorrow as he offered up priestly prayers to God. Because he honored God, God answered him. (v.8) Though he was God's Son, he learned trusting—obedience by what he suffered, just as we do. (v.9) Then, having arrived at the full stature of his maturity and (v.10) having been announced by God as high priest in the order of Melchizedek, he became the source of eternal salvation to all who believingly obey him.

(v.11) I have a lot more to say about this, but it is hard to get it across to you since you've picked up this bad habit of not listening. (v.12) By this time you ought to be teachers yourselves, yet here I find you need someone to sit down with you and go over the basics of God again, starting from square one—baby's milk, when you should have been on solid food long ago! (v.13) Mike is for beginners, inexperienced in God's ways, (v.14) solid food is for the mature, who have some practice in telling right from wrong."

### Hebrews 5:1-14 (Message Remix)

## Characteristics of Jesus the high priest

- ❖ He is in touch with our **reality**. 4:15a
- ❖ He has been through weakness and testing. 4:15b
- ❖ He deals **gently** with our failings. 5:1
- ❖ He is not self-appointed. God called him into service. 5:4
- ❖ He cried out in **pain** and **wept** in sorrow. 5:7
- ❖ He learned obedience by what he suffered. 5:8

Jesus is an **expressive** high priest

- Does Jesus do **delight?** Genesis 1:4, 10, 12, 18, 21, 25, 31  
After 5 days of creating God said—"This is very, very good!"
- Does Jesus do **sadness?** John 11:33-36
- Does Jesus do **anger?** John 2:13-16
- Does Jesus do **gentleness?** Matthew 11:28-30; Luke 8:30| 45-48

Jesus' invitation

Jesus' emotional photographs aren't black-and-white. They're full of colors, every one we can think of, as well as shades, hues, and blends that would boggle our imagination. When we become Christians, we are invited to join this relational, expressive, and vibrant family.

Because Christ allows Himself to be moved, we have the opportunity to move Him. In a way, we can make Christ joyful. We can bring a smile to His face by responding with openness, trust, faith, and obedience to Him. **"Take the mercy—accept the help"**

Who is Jesus? #5; 2.10.08; RJB