

The Practice of Fasting

Today Donna Lukeman, Roy Chancellor and Harry Preston are sharing with us some of their personal experiences in Fasting. You might want to note some insights, impressions or suggestions you receive from them.

SUMMING UP

Isaiah 58: 1 – 12

1. Fasting enables us to focus on the LORD

To tune out interference

To fine tune our contact with God

2. The LORD is not pleased when we misuse this practice

To portray spiritual superiority

To manipulate God

3. Fasting results in feasting

Blessing for us

Benefit for others

Why not "tune in" to this channel?