

HELP: We need it. God gives it.

Getting to Know the Holy Spirit

HELP: I Want to Live as a Christ Follower Rom 8:11–39

Day to day routines tend to sap our spiritual energy. The Spirit will keep us “charged up” and “running smoothly” in Christ-like living.

¹¹If the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you.

1. The Struggle to continuously decide to live a Christian life

¹²Therefore, brothers, we have an obligation—but it is not to the sinful nature, to live according to it...If by the Spirit you put to death the misdeeds of the body, you will live, ¹⁴because those who are led by the Spirit of God are sons of God.

Pressure to let old ways prevail

Put to death the old ways

The Spirit helps us to choose Christ’s way

2. The Struggle for security as a child of God

¹⁵For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, “Abba, Father.” ¹⁶The Spirit himself testifies with our spirit that we are God's children.

The Spirit presents evidence

The Spirit brings us intimacy with the Father

3. The Struggle to make progress

²²We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. ²³Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption as sons, the redemption of our bodies. ²⁴For in this hope we were saved.

Anticipation of completion

Be persistent, but be patient

4. The Struggle to pray

²⁶In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. ²⁷And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will.

The Spirit intercedes

In accordance with the will of God

5. The Struggle for confidence in God

²⁸And we know that in all things God works for the good of those who love him...³⁵Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword?... ³⁷No, in all these things we are more than conquerors through him who loved us.

1. In all things God works for good

2. God is at work in you

3. God will prevail